

APPENDIX - List of External Counseling Services and Assistance



SERVICE	PHONE NUMBER/S	WEBSITE/S
Abortion & Grief helpline	1300 363 550	www.abortiongrief.asn.au
AIDS line	9332 9700 or 1800451 600	www.abortiongrief.asn.au
Alcoholism	1300 222 222	www.aa.org.au
Anxiety	1300 749 992	http://www.ada.mentalhealth.asn.au www.mentalhealth.asn.au
Mental health advice	1300 794 992	www.mentalhealth.asn.au
Asthma	1800 278 462	www.asthmansw.org.au
Australian Search & Rescue	6230 6811 (Maritime) 6230 6899 (Aviation)	www.amsa.gov.au/search-and-rescue/
Community Relations Commission of NSW	1300 651 500	www.crc.nsw.gov.au/home
Interpreting and Translations	1300 651 500	http://multicultural.nsw.gov.au/our_services/interpreting_translation
Consumer credit and debt	1800 007 007	http://financialrights.org.au
Crime Stoppers	1800 333 000	www.crimestoppers.com.au
Crisis counselling (Wesley Mission)	13 11 14 / 9951 5522	www.lifelinesydney.org
Department of Families, Community Services and Indigenous Affairs	1300 653 227	https://www.dss.gov.au
Depression	1300 224 636	https://www.beyondblue.org.au
Disabilities	1800 029 904	www.ideas.org.au
Domestic violence men	1800 737 732	https://www.facs.nsw.gov.au/domestic-violence/helpline
Menslife	1300 789 978	https://mensline.org.au/
Drug addiction: Narcotics Anonymous	1300 652 820	www.na.org.au
Drugs and mental health – Kings Cross and Bondi	9581 9100 / 9581 9190	www.thewaysidechapel.com
Domestic violence women	1800 656 463 or 87456999	https://www.facs.nsw.gov.au/domestic-violence/helpline
Families & friends with mental illness	1300 554 660 / 9332 0700	www.arafmi.org
Eating disorders	9263 5555	https://www.wesleymission.org.au
Epilepsy	9856 7090	www.epilepsy.org.au
Eczema	1300 300 182	www.eczema.org.au

Emergency services (police, fire, ambulance)	000	
Family planning information	1300 658 886	www.fpnsw.org.au
Gamblers anonymous	1800 858 858	https://gamblinghelponline.org.au
G-Line (gambling)	1800 858 858	http://www.gamblinghelp.nsw.gov.au
Gay & lesbian Support	9206 2000	https://www.acon.org.au
Grief support	682 9222	www.nalag.org.au
Grief support (Partner had died)	9519 2820	www.solace.org.au
Homicide victims' support	8833 8400	http://www.hvsgnsw.org.au
Hepatitis C	1800 803 990	https://www.hep.org.au
HIV/AIDS	1800 245 677 / 9211 5672	http://www.positivelife.org.au
Legal information and advice	1300 888 529	www.lawaccess.nsw.gov.au
Lifeline	13 11 14	https://www.lifeline.org.au
Parent line	1300 301 300	https://www.parentline.com.au
Poison Information Centre	131 126	https://www.firstintervention.com.au
Police Assistance Line (non-emergency)	131 444	http://www.police.nsw.gov.au
Rape Crisis Centre	1800 424 017	www.nswrapecrisis.com.au
Relationship counselling	1300 473 528	www.interrelate.org.au
Schizophrenia	1800 843 539 / 9879 2600	www.sfnsw.org.au
Smoking - Quitline	13 78 48	http://www.quitnow.gov.au
Suicide helpline	13 11 14 or 1300 651 251	https://www.lifeline.org.au
Suicide Prevention	13 11 14	www.suicideprevention.com.au
Translating and Interpreting Services	13 14 50	https://www.tisnational.gov.au
Victims of crime support	1800 633 063	http://www.victimsservices.justice.nsw.gov.au
Women's refuge referral service	9564 3638	http://www.girlsrefuge.org.au/about